

# **FINDING HELP IN OUR COMMUNITY**

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## **SUBSTANCE USE AND MENTAL HEALTH RESOURCES**

**COALITIONS, PUBLIC SAFETY, PREVENTION, TREATMENT  
AND COUNSELING, RESIDENTIAL AND TRANSITIONAL  
HOUSING, PRESCRIPTION DRUG DROP OFF SITES, SHAPRS  
DROP OFF SITES, PARENTS OF TEENS, AND  
ONLINE INFORMATION**

Revised:07/2020



# WISCONSIN ADDICTION RECOVERY HELPLINE

offered through 211

To find treatment and support services  
and/or to talk with  
someone about addiction,  
dial 211 or 1-833-944-4673  
24/7

[www.211wisconsin.communityos.org/addiction-helpline](http://www.211wisconsin.communityos.org/addiction-helpline)



**Great Rivers 2-1-1**  
**Get Connected. Get Help.**

Serving the tri-state area

[www.greatrivers211.org](http://www.greatrivers211.org)

*Great Rivers 2-1-1 collaborated in the update of this directory*

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# TREATMENT AND COUNSELING

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## **\*\*Gundersen Behavioral Health — La Crosse**

Substance abuse services and comprehensive outpatient drug abuse treatment for youth and adults

**Phone:** (608) 775-2287

**Address:** 1900 South Avenue, La Crosse, WI 54601

**Address:** 123 16th Avenue South, Onalaska, WI 54650

**Website:** [www.gundersenhealth.org/behavioral-health](http://www.gundersenhealth.org/behavioral-health)

## **\*\*Mayo Clinic Health System — Franciscan**

### **Healthcare—Outpatient Behavioral Health Services**

Substance use disorder assessments and family, group, and individual counseling for mental health and other life concerns.

**Phone:** (608) 392-9555

**Address:** 212 11th Street S, La Crosse, WI 54601

**Holmen Phone:** (608) 526-3351

**Address:** 1303 Cty Hwy DH, Holmen, WI 54636

**Website:** <https://mayoclinichealthsystem.org/locations/la-crosse/services-and-treatments/behavioral-health>

## **Ho-Chunk Nation Department of Health—Three Rivers Lodge**

Substance use disorder assessment, counseling, crisis intervention, and in-home family-based intervention for Tribal members.

**Phone:** (608) 783-6025

**Address:** 724 Main Street, La Crosse, WI 54601

**Website:** <http://health.ho-chunk.com/BH.html>

## **\*\*La Crosse County Integrated Support and Recovery Services**

Substance use disorder assessments and connections or referrals for inpatient and residential treatment, case management, crisis intervention, and transition services. Primary focus is on La Crosse County residents without insurance.

**Phone:** (608) 784-4357

**Address:** 300 4th Street N, La Crosse, WI 54601

**Website:** <http://www.co.la-crosse.wi.us/humanservices/integrated.asp>

## **ATTIC Correctional Services, Inc.**

Community corrections programs emphasizing restorative justice. Provide assessments and counseling/treatment for correction clients with substance use disorders.

**Phone:** (608) 784-3366

**Address:** 2101 Victory Street, La Crosse, WI 54601

**Website:** [www.correctionalservices.org](http://www.correctionalservices.org)

## **\*\*CleanSlate**

Outpatient Medication-Assisted Treatment Center

**Phone:** (608) 406-2250

**Address:** 2635 Hemstock St., La Crosse, WI 54601

**Website:** <https://www.cleanslatecenters.com>

## **Veterans Affairs Medical Center – Tomah**

Substance use disorder assessment, outpatient counseling/treatment, residential treatment, and day treatment services for veterans. Can serve those with co-occurring mental health and substance use disorders.

**Phone:** (608) 372-3971—General Phone

**Phone:** (608) 372-1758

**Address:** 500 E. Veterans Street, Tomah, WI 54660

**Website:** [www.mentalhealth.va.gov](http://www.mentalhealth.va.gov)

## **\*\*AMS of Wisconsin (Addiction Medical Solutions)**

Provides medication assisted treatment in addition to counseling services which is designed to improve the quality of life of adults suffering from addiction

**Phone:** (608) 783-0506

**Address:** 9532 E 16 Frontage Rd, Suite 100, Onalaska, WI 54650

**Website:** <https://amswisconsin.com/>

## **Family and Children's Center**

Community Support Program provides mental health and substance abuse counseling services

**Phone:** (608) 785-0001

**Address:** 1707 Main Street, La Crosse, WI 54601

**Website:** <https://www.fcconline.org/seeking-help/for-adults/community-support-program-2/>

## **Coulee Recovery Center**

Provides assessments, as needed, for AODA concerns and will aid in finding support

**Phone:** (608) 784-4177

**Address:** 933 Ferry Street, La Crosse, WI 54601

**Website:** [www.couleecouncil.org](http://www.couleecouncil.org)

## **Stein Counseling and Consulting Services, LTD**

Provides substance use assessments and counseling for substance use, mental health, and other life concerns. Family, group, and individual counseling

**Phone:** (608) 785-7000 Ext 221

**Address:** 571 Braund Street, Onalaska, WI 54650

**Website:** [www.effectivebehavior.com](http://www.effectivebehavior.com)

## **Driftless Recovery Services**

Provides substance use disorder assessments and counseling for substance use and mental health. Group and individual counseling.

**Phone:** (608) 519-5906

**Address:** 444 Main Street, Suite 301, La Crosse, WI 54601

**Website:** [www.driftlessrecovery.com](http://www.driftlessrecovery.com)

# TREATMENT AND COUNSELING

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## Counseling Associates, LLC

Provides drug and alcohol assessments and counseling. Can serve those with co-occurring mental health and substance use disorders.

**Phone:** (608) 785-0827

**Address:** 115 5th Avenue S, Suite 301, La Crosse, WI 54601

**Website:** [www.counselingassociateslacrosse.com](http://www.counselingassociateslacrosse.com)

## Garrison Counseling

Provides counseling for substance use, mental health, and other life concerns. Family, group, and individual counseling

**Phone:** (608) 796-1114

**Address:** 319 Main St., Suite 510, La Crosse, WI 54601

**Website:** <https://garrisoncounselinglax.com/>

## Peace of Mind Counseling

Provides counseling for substance use, mental health, and other life concerns. Family, group, and individual counseling

**Phone:** (608) 797-5679

**Address:** 115 5th Ave. So. Suite 523, La Crosse, WI 54601

**Website:** <https://pomcounselingllc.com/index.php>

## La Crosse Vet Center

Individual or group counseling for Veterans, service members, and their families. Also provides substance use disorder assessment and referrals

**Phone:** (608) 782-4403

**Address:** 20 Copeland Avenue, La Crosse, WI 54601

**Website:** [https://www.va.gov/find-locations/facility/vc\\_0442V](https://www.va.gov/find-locations/facility/vc_0442V)

## River Valley VA Clinic

Provides behavioral health and primary care services for Veterans

**Phone:** (608) 784-3886

**Address:** 2600 State Road, La Crosse, WI 54601

**Website:** <https://www.tomah.va.gov/locations/LaCrosse.asp>

## Flying Horse Stables

Provides Equine Facilitated Mental Health individual and group programs for people with eating disorders and substance use disorders.

**Phone:** (608) 317-1448

**Address:** N1317 Johns Road, La Crosse, WI 54601

**Website:** <https://www.flyinghorsestable.net/>

## HorseSense

Offers equestrian therapy for people with mental health concerns such as anxiety, depression, PTSD, or traumatic brain injury. Special programs for veterans.

**Phone:** (608) 791-4868

**Address:** W4102 Ober Road, Coon Valley, WI 54623

**Website:** <https://horsesensewi.org/>

## St. Clare Health Mission

Provides medical services for those without insurance or other financial means to pay for care.

**Phone:** (608) 519-4633

**Address:** 916 Ferry Street, La Crosse, WI 54601

**Website:** <http://www.stclarehealthmission.org/>

## Neighborhood Family Clinics

Provides medical care at reduced rate for uninsured or underinsured

**Phone:** (608) 781-9880

**Address:** 1526 Rose St., La Crosse, WI 54601

Located within Breidenbach Wellness Center

**Website:** <http://mynfclincs.com/>

## Scenic Bluffs Community Health Center

Primary care services and Behavioral health services provided, including substance abuse counseling

**Phone:** (608) 654-5100

**Address:** 238 Front Street, Cashton, WI 54619

**Website:** <https://www.scenicbluffs.org/>

## FSPA Community Acupuncture at Integrative Therapies

Provides community acupuncture. Free treatment for veterans available.

**Phone:** (608) 796-1554

**Address:** 2316 State Road, La Crosse, WI 54601

**Websites:** [www.fspacommunityacupuncture.com](http://www.fspacommunityacupuncture.com) and [www.integrativetherapiesoflacrosse.com](http://www.integrativetherapiesoflacrosse.com)

## La Crosse Counseling Clinic/ Associates in Counseling

Offers family, group and individual counseling including for substance use disorders.

**Phone:** (608) 782-1117

**Address:** 115 5th Ave S, Suite 414, La Crosse, WI 54601

**Website:** [www.winonacounselingclinic.com](http://www.winonacounselingclinic.com)

## Mary Reidel Counseling

Offers general outpatient counseling including for substance use disorders.

**Phone:** (608) 799-1208

**Address:** 505 King Street, Suite 227, La Crosse, WI 54601

**Website:** <https://www.maryriedelcounseling.com/>

**\*\*Indicates resources that include Medication-Assisted Treatment programs**



# DETOX FACILITIES

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## **L.E. Phillips-Libertas Treatment Center**

Provides 24/7 monitored, hospital-based, inpatient detox

**Phone:** (715) 723-5585

**Address:** 2661 County Hwy I, Chippewa Falls, WI 54729

**Website:** [www.libertascenter.org](http://www.libertascenter.org)

## **Tellurian Detoxification Center**

Wisconsin State Certified Counselors meet individually with each patient to help determine the optimal treatment level for each patient. Also provides a space for those needing to detox

**Phone:** (608) 223-3311 or (877) 661-9053 (Toll Free)

**Address:** 2914 Industrial Drive, Madison, WI 53703

**Website:** <http://www.tellurian.org/services/treatment/detoxification/>

## **Hazelden Betty Ford Foundation**

Residential treatment programs for teens and adults based on research and respect. All inpatient rehab begins with a minimum 24-hour detox period

**Phone:** (877) 638-8702

**Address:** 15251 Pleasant Valley Road, Center City, MN 55012

**Website:** [www.hazeldenbettyford.org](http://www.hazeldenbettyford.org)

## **Rogers Behavioral Health**

Inpatient addiction recovery services including safe medical detoxification services.

**Phone:** (800) 767-4411

**Address:** 34700 Valley Road, Oconomowoc, WI 53066

**Website:** <http://www.rogersbh.org>

## **Clement J Zablocki VA Medical Center**

Inpatient and residential treatment for substance use disorders for veterans including inpatient detox

**Phone:** (414) 384-2000 Ext. 45670

**Address:** 5000 W National Ave, Milwaukee, WI 53295

**Website:** [www.milwaukee.va.gov](http://www.milwaukee.va.gov)

## **Libertas Treatment Center**

Inpatient treatment for adolescents with substance use disorders (ages 11 to 18 years) including detox.

**Phone:** (920) 498-8600

**Address:** 1701 Dousman Street, Green Bay, WI 54303

**Website:** [www.libertastreatment.org](http://www.libertastreatment.org)

# RESIDENTIAL HOUSING & TREATMENT

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## **L.E. Phillips-Libertas Treatment Center**

Residential treatment for adults only. Outpatient services for adults and adolescents.

**Phone:** (715) 723-5585

**Address:** 2661 County Hwy I, Chippewa Falls, WI 54729

**Website:** [www.libertascenter.org](http://www.libertascenter.org)

## **Gundersen Behavioral Health La Crosse – Unity House**

Residential treatment program for men and women 18+

**Phone:** (608) 775-8689

**Men's Address:** 1918-1924 Miller Street, La Crosse, WI 54601

**Women's Address:** 1312 5th Avenue S, La Crosse, WI 54601

**Website:** [www.gundersenhealth.org/behavioral-health/residential/](http://www.gundersenhealth.org/behavioral-health/residential/)

## **Common Ground Winona Recovery House**

Residential treatment for adults with substance use disorders

**Phone:** (507) 615-0101

**Address:** 730 W 6th Street, Winona, MN 55987

**Website:** <http://www.commongroundmn.org>

## **Arbor Place**

Residential treatment for adults with substance use disorders

**Phone:** (715) 235-4537

**Address:** 4076 Kothlow Ave, Menomonie, WI 54751

**Website:** <http://www.arborplaceinc.org>

## **Adult & Teen Challenge of Western Wisconsin**

Offers a long-term, faith-based recovery program for those struggling with drug and alcohol addiction

**Phone:** (608) 351-2828

**Address:** 2507 Weston Street, La Crosse, WI 54601

**Website:** <https://www.atcww.org/>

## **Lutheran Social Services – Fahrman House**

Residential treatment center for men and women with substance use disorders

**Phone:** (715) 835-9110

**Address:** 3136 Craig Road, Eau Claire, WI 54701

**Website:** <http://www.lsswis.org>

## **The CARE Center**

The Care Center is a licensed 10-bed facility that provides a short-term voluntary crisis assessment center for triage and intervention for individuals undergoing distress due to mental health issues or who need non-medical alcohol detoxification

**Phone:** (608) 519-3080

**Address:** 4647 Mormon Coulee Rd, La Crosse, WI 54601

**Website:** [www.tellurian.org](http://www.tellurian.org)

# TRANSITIONAL HOUSING

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## **Oxford House — La Crosse (Men Only)**

Oxford House La Crosse is a self-run, self-supported house for recovering alcohol and other drug users. There are several homes in La Crosse

**Phone:** (608) 519-0604, (608) 633-9193, or (608) 782-2918

**Website:** [www.oxfordhouse.org/userfiles/file/index.php](http://www.oxfordhouse.org/userfiles/file/index.php)

## **Online Database of Transitional Housing**

Resource that can be used to find transitional housing locations with vacancies

**Phone:** 1 (800) 334-8893

**Website:** [www.transitionalhousing.org](http://www.transitionalhousing.org)

## **Driftless Housing Services (Men Only)**

Positive, sober living to support and adjust to a life of recovery.

Focus on structure, safety, and community

**Phone:** (608) 519-5906

**Website:** [www.driftlessrecovery.com](http://www.driftlessrecovery.com)

## **YWCA La Crosse Ruth House (Women Only)**

Emergency shelter that supports homeless women transitioning from substance abuse treatment. Individual case management helps women find permanent housing, employment, and the stamina to resist relapse

**Phone:** (608) 781-2783

**Website:** [www.ywcalax.org](http://www.ywcalax.org)

# PARENTS OF TEENS

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## **I want to prevent my child from using...**

[Preventing Teen Abuse of Prescription Drugs Fact Sheet](https://moyerfoundation.org/assets/files/Fact-Sheet-Preventing-Teen-Abuse-of-Prescription-Drugs.pdf)

<https://moyerfoundation.org/assets/files/Fact-Sheet-Preventing-Teen-Abuse-of-Prescription-Drugs.pdf>

NIDA Interactive website designed for teens

<http://teens.drugabuse.gov/>

NIH Preventing Drug Use among Children and Adolescents

<https://www.drugabuse.gov/publications/preventing-drug-abuse-among-children-adolescents/acknowledgments>

## **I know my child is using...**

A step by step program that helps parents understand what to do when they find out their child is using.

<http://www.drugfree.org/know-child-using/i-know-my-child-is-using/>

Answered questions

<https://www.drugabuse.gov/related-topics/treatment/what-to-do-if-your-teen-or-young-adult-has-problem-drugs>

## **I think my child is using...**

Signs and Symptoms of Drug use

<http://www.narconon.org/drug-abuse/signs-symptoms-of-drug-abuse.html>

A 5 step guide on what to do if you think your child is using

<http://www.drugfree.org/think-child-using/your-first-step-ask/>

Drug Guide for Parents: Learn the Facts to Keep Your Teen Safe

<https://www.prevention.org/Resources/85991C93-70D2-4617-8BE7-91D9B5D3A19D/>

[HelpforParentsandCaregivers\\_DrugGuideforParents.pdf](#)

Or

<https://drugfree.org/drug-guide/>

# HELP FOR STUDENTS

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## Viterbo University

Alcohol and other substance abuse counseling for students

**Phone:** (608) 796-3825

**Address:** Viterbo University Campus; Student Development Center, 936 Franciscan Way

**Website:** [www.viterbo.edu/counseling-services/services](http://www.viterbo.edu/counseling-services/services)

## Western Technical College

Brief alcohol screening and intervention for college students

**Phone:** (608) 785-9553

**Address:** Western Technical College Campus; Student Success Center, Room 221; 400 7th St N

**Website:** [www.westerntc.edu/counseling](http://www.westerntc.edu/counseling)

## University of Wisconsin — La Crosse

Personal and group counseling for UWL students with alcohol and other substance abuse

**Phone:** (608) 785-8073

**Address:** UWL Campus, 2106 Centennial Hall

**Website:** [www.uwlax.edu/counseling-testing/](http://www.uwlax.edu/counseling-testing/)

## University of Wisconsin — La Crosse, PRIDE Center

Safe space for LGBTQ members and allies

**Phone:** (608) 785-8887

**Address:** UWL Campus; 2nd floor of Student Union in Cove area

**Website:** [www.uwlax.edu/Pride-center](http://www.uwlax.edu/Pride-center)

# RUNAWAY AND YOUTH SERVICES

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## Wisconsin Association for Homeless and Runaway Services (WAHRS)

Provides programs for runaway and homeless youth in Wisconsin. Can provide information on where shelters for youth are located.

**Phone:** (608) 241-2649

**Website:** [www.wahrs.org](http://www.wahrs.org)

## The National Runaway Safeline

24/7 access to referrals for shelter, medical care, ongoing counseling, or group support, etc.. Text messaging is also available.

**Phone:** (800) 786-2929

**Text Short-Code:** 66008

**Website:** <http://www.1800runaway.org>

## The Parenting Place

Education and support programs for parents or caregivers

**Phone:** (608) 784-8125

**Website:** [www.theparentingplace.net](http://www.theparentingplace.net)

## Catholic Charities of the Diocese of La Crosse, Inc.

Provides Alternative School program for students in the schools who have mental health or behavioral issues that keep their needs from being met in the traditional school system.

**Phone:** (608) 519-8040

**Website:** [www.cclse.org](http://www.cclse.org)

## New Horizons Shelter and Outreach Centers, Inc.

Shelter for individuals and families who have experienced domestic violence. Also, helps teens and youth who are in unhealthy or abusive relationships

**Phone:** (608) 791-2610

**Crisis Line:** 1 (888) 231-0066

**Website:** [www.nhagainstabuse.org](http://www.nhagainstabuse.org)

## The Good Fight Community Center

Serves as a safe space for youth 10-18 years old. Programs and services are geared toward providing students with support in academics, physical/mental wellness and development of character

**Phone:** (608) 518-3301

**Website:** <http://thegoodfight.club/>

## La Crosse County Human Services Dept. – Child Protective Services (CPS)

Protecting the health, safety, and welfare of children

**Phone:** (608) 784-4357

**Address:** 300 4<sup>th</sup> Street N., La Crosse, WI 54601

**Website:** <http://www.co.la-crosse.wi.us/humanservices/ChildrenAndYouthServices.asp>



# SUPPORT GROUPS FOR FAMILIES AND FRIENDS

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## **Al-Anon**

Support group to help families and friends of alcoholics recover from the effects of living with the problem drinking of a relative or friend

**Phone:** (888) 425-2666

**Website:** [www.area61afg.org](http://www.area61afg.org)

## **Nar-Anon**

Support groups for those who know or have known a feeling of desperation concerning the addiction problem of someone near to you

**Phone:** 1 (800) 477-6291

**Website:** [www.nar-anon.org](http://www.nar-anon.org)

## **Gundersen Behavioral Health - Chemical Dependency Family Program**

A free, four-week, education and support program facilitated by an experienced counselor for families with alcohol or drug addiction problems.

**Phone:** (608) 775-2287

**Address:** 123 16<sup>th</sup> Ave S., Onalaska, WI 54650

**Website:** <http://www.gundersenhealth.org/locations/behavioral-health/onalaska/>

## **Living Free Community**

Offers Christian-based encouragement, accountability, hope, and prayer for family members, addicts, and friends.

**Phone:** (608) 351-2828

**Website:** [www.atcww.org/Living-Free-Community](http://www.atcww.org/Living-Free-Community)

## **Get Your Loved One Sober**

Free 6 week class, providing spouses and family members the guidance and tools needed to promote awareness of how an individual with a substance use disorder and his or her loved one interact, and how to change unhealthy patterns

**Phone:** (608) 784-4177 (Coulee Recovery Center)

**Website:** [www.couleecouncil.org/parentfamily-resources.html](http://www.couleecouncil.org/parentfamily-resources.html)

## **Sharing the Pain and Struggles**

A support group for families and friends of people with or at risk for alcohol or drug addiction.

**Phone:** (608) 784-4177 (Coulee Recovery Center)

**Address:** 933 Ferry Street, La Crosse, WI 54601

**Website:** [www.couleecouncil.org/parentfamily-resources.html](http://www.couleecouncil.org/parentfamily-resources.html)

# SUPPORT GROUPS

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## **Big Rivers Narcotics Anonymous**

Anonymous fellowship of addicts who seek recovery from addiction and help each other stay clean

**Phone:** (866) 579-7534

**Website:** [www.bigriversna.org](http://www.bigriversna.org)

## **Alcoholics Anonymous La Crosse Area**

Finding a new way of life for people recovering from addiction

**Phone:** (608) 784-7560

**Website:** [www.aalacrosse.org](http://www.aalacrosse.org)

## **Self Management and Recovery Training (SMART)**

Non-12 step recovery meetings for anyone dealing with addiction or self-destructive behaviors using a psychological approach that empowers individuals to choose abstinence. No religious affiliation required

**Phone:** (608) 784-4177 (Coulee Recovery Center)

**Website:** [www.smartrecovery.org/](http://www.smartrecovery.org/)

## **Refuge Recovery**

A Buddhist-inspired approach to recovery from addictions of all kinds including substance use.

**Phone:** (608) 784-4177 (Coulee Recovery Center)

**Website:** [www.refugerecovery.org](http://www.refugerecovery.org)

## **The Center: 7 Rivers LGBTQ Connection**

An Alcoholics Anonymous (AA) group. Open to all but specifically offering a safe place for the LGBTQ+ community.

**Phone:** (608) 784-0452

**Address:** 230 6<sup>th</sup> Street S., La Crosse, WI 54601

**Website:** <http://www.7riverslgbt.org>

## **RED (Recovery Educate Discussion)**

A program to enhance recovery and promote relapse prevention offering educational programs focused on prevention strategies and healthy lifestyles followed by group discussion. Not a substitute for counseling, support groups or other treatment.

**Phone:** (608) 784-4177

**Address:** 933 Ferry Street, La Crosse, WI 54601

**Website:** <http://www.couleecouncil.org>

## **Tactical Recovery Group**

A program for veterans offering a social drop-in hour followed by a skills-building class and connecting to a SMART recovery meeting. One-on-one sessions are available as well.

**Phone:** (608) 784-4177

**Address:** 933 Ferry Street, La Crosse, WI 54601

**Website:** <http://www.couleecouncil.org>

# PREVENTION SERVICES AND COALITIONS

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## **Vivent Health**

LIFEPOINT Needle Exchange: Safe needle program, HIV counseling and testing, Free Narcan & training

**Phone:** (608) 785-9866

**Website:** <https://viventhealth.org/>

**Address:** 811 Rose Street, La Crosse, WI 54601

## **La Crosse County Prevention Network**

Prevention, education, and awareness on prescription drugs, marijuana, and alcohol. Meetings held 3rd Thursday of the month at Coulee Council on Addictions

**Phone:** (608) 784-4177

**Website:** [www.lacrossecpn.org](http://www.lacrossecpn.org)

**Address:** 933 Ferry Street, La Crosse, WI 54601

## **CESA #4 (Cooperative Educational Services Agency)**

Alcohol and other drug abuse education and prevention programs in schools

**Phone:** (608) 786-4800

**Address:** 923 E Garland Street, West Salem, WI 54669

**Website:** [www.cesa4.org](http://www.cesa4.org)

## **Alliance to HEAL (Halting the Effects of Addiction Locally)**

Prevention, awareness, and strategies to keep La Crosse County safe

**Website:** <https://www.alliancetoheal.com/>

**Contact:** Al Bliss, La Crosse County Health Educator

**Phone:** (608) 789-4820

**Email:** [abliss@lacrossecounty.org](mailto:abliss@lacrossecounty.org)

## **Coulee Recovery Center**

Provides developmentally appropriate evidenced based curriculum to local elementary, middle and high schools as well as alcohol and other abuse presentations throughout the Coulee Region

**Phone:** (608) 784-4177

**Website:** [www.couleecouncil.org](http://www.couleecouncil.org)

**Address:** 933 Ferry Street, La Crosse, WI 54601

## **Alliance for Wisconsin Youth**

A coalition with members from public health; youth; parents; businesses; law enforcement; schools; and state, local, and tribal government agencies. Works to increase awareness and availability of effective prevention strategies.

**Phone:** (608) 267-3783

**Website:** <http://www.allwisyouth.org/>

## **Mental Health Coalition of the Greater La Crosse Area**

Creating a mentally healthy community through partnership and discussion throughout the greater La Crosse area

**Website:** [www.mentalhealthlacrosse.org](http://www.mentalhealthlacrosse.org)

## **La Crosse Collaborative to End Homelessness**

Initiative to end homelessness in La Crosse, WI

**Phone:** (608) 519-8009

**Website:** <https://endhomelessnesslacrosse.org/>

# OTHER RESOURCES

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## **Tri-State Ambulance**

Emergency medical services

**Phone:** (608) 784-8827

**Website:** [www.tristateambulance.org](http://www.tristateambulance.org)

## **La Crosse County Health Department**

Health education, nursing, environmental health, WIC, public health preparedness, and other services

**Phone:** (608) 785-9872

**Website:** [www.lacrossecounty.org/health](http://www.lacrossecounty.org/health)

## **The Salvation Army—La Crosse**

Emergency shelter, meals and food pantry, and other emergency and supportive services for men, women, and children

**Phone:** (608) 782-6126

**Address:** 223 8<sup>th</sup> Street N., La Crosse, WI 54601

**Website:** <http://www.salvationarmylacrosse.org/>

## **Workforce Connections**

Employment/job seeking services, rapid re-housing program, and the Wisconsin Works (W-2) program

**Phone:** (608) 789-5620

**Address:** 2615 East Ave S., Suite 103, La Crosse, WI 54601

**Website:** [www.workforceconnections.org](http://www.workforceconnections.org)

## **NAMI La Crosse County**

An advocacy agency for people with mental illness and their families offering education and support

**Phone:** (608) 519-1647

**Website:** [www.namilacrossecounty.org](http://www.namilacrossecounty.org)

## **Project Proven**

A voluntary education program aimed at reducing jail recidivism in La Crosse, Monroe, and Trempealeau Counties.

**Phone:** (608) 785-9267

**Website:** [www.westernctc.edu/re-entry-services](http://www.westernctc.edu/re-entry-services)

## **Planned Parenthood of Wisconsin**

Formerly known as Essential Health Clinic. Affordable and confidential sexual and reproductive healthcare

**Phone:** 1 (800) 657-5177

**Address:** 1201 Caledonia Street, La Crosse, WI 54603

**Website:** [www.essentialclinic.org](http://www.essentialclinic.org)

## **Couleecap**

Innovative strategies to combat poverty and promote self-sufficiency through employment, housing, and other community programs.

**Phone:** (608) 782-4877

**Address:** 700 3<sup>rd</sup> Street N., Suite 202B, La Crosse, WI 54601

**Website:** [www.couleecap.org](http://www.couleecap.org)

## **Aging and Disability Resource Center of LaCrosse County (ADRC)**

Provides information and connections to support and services for seniors and adults with disabilities in La Crosse County

**Phone:** (608) 785-5700

**Address:** 300 4<sup>th</sup> St. N, 1st Floor, La Crosse, WI 54601

**Website:** <https://www.lacrossecounty.org/adrc/>

## **Independent Living Resources**

Provides resources, skills training, and advocacy for those living with disabilities. Also offers the Peer Specialist Service which connects individuals with mental health or substance use disorders to a Peer Specialist.

**Phone:** (608) 787-1111

**Address:** 4439 Mormon Coulee Rd. La Crosse, WI 54601

**Website:** <https://www.ilresources.org/>

## **Recovery Avenue (RAVE)**

Drop-in center for people with mental health concerns and/or substance use disorders.

**Phone:** (608) 785-9615

**Address:** 1806 State St., La Crosse, WI 54601

**Website:** <https://www.ilresources.org/rave-recovery-avenue/>

**Facebook:** [facebook.com/raverecoveryavenue](https://facebook.com/raverecoveryavenue)

## **Ophelia's House**

A community-based program co-managed by Justice Sanctions and the YWCA of the Coulee Region offering programs to enhance self-sufficiency and education and work skills to non-violent female offenders.

**Phone:** (608) 789-4895

**Address:** 333 Vine Street, La Crosse, WI 54601

**Website:** <http://www.co.la-crosse.wi.us/humanservices/jss.asp>

## **Community Credit Counseling Services**

Helps individuals and families maintain and achieve financial stability

**Phone:** (608) 784-8380

**Address:** 505 King Street, Suite 212, La Crosse, WI 54601

**Website:** <https://cccsonline.org/>

## **La Crosse Area Family YMCA Community Teen Center**

A drop-in center for teens. Also offers behavioral health support and consultations with parents. Services are free and do not require a YMCA membership.

**Phone:** (608) 784-8490

**Address:** 1105 King Street, La Crosse, WI 54601

**Website:** [www.laxymca.org](http://www.laxymca.org)

## OTHER RESOURCES CONTINUED

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### **Western Region for Economic Assistance**

Provides information and application assistance for economic assistance programs including Medicaid, FoodShare, Wisconsin Home Energy Assistance Program, Child Care Subsidies, and others.

**Phone:** (888) 627-0430

**Address:** 300 4<sup>th</sup> Street N., La Crosse, WI 54601

**Website:** <http://www.co.la-crosse.wi.us/humanservices/western.asp>

### **Scenic Mississippi Regional Transit (SMRT) Bus**

A regional commuter bus system with fixed routes connecting area communities to La Crosse at a low cost.

**Phone:** (877) 444-6543

**Address:** 318 West Decker Street, Viroqua, WI 54665

**Website:** <http://www.rideSMRT.com>

### **Coulee Recovery Center**

Offers a drop-in center for people with addictions. The center also has Peer Support Specialists and Recovery Coaches available at certain times to provide one-on-one support.

**Phone:** (608) 784-4177

**Website:** [www.couleecouncil.org](http://www.couleecouncil.org)

**Address:** 933 Ferry Street, La Crosse, WI 54601

### **Ho-Chunk Nation Veterans Service Office**

Offers benefits assistance including the Aid to Needy Veterans programs and can provide referrals to health, mental health, and addiction services for veterans.

**Phone:** (715) 284-4563

**Address:** W9814 Airport Road, Black River Falls, WI 54615

**Website:** [www.ho-chunknation.com](http://www.ho-chunknation.com)

### **La Crosse County Veterans Service Office**

Offers benefits assistance including the Aid to Needy Veterans programs and can provide referrals to health, mental health, and addiction services for veterans.

**Phone:** (608) 785-9719

**Address:** 212 6<sup>th</sup> Street N., Room 1600, La Crosse, WI 54601

**Website:** [www.lacrossecounty.org/departments/veterans/](http://www.lacrossecounty.org/departments/veterans/)

### **Wisconsin Farm Center**

The counseling voucher program provides farmers and farm workers with access to outpatient counseling at no cost for mental health or addiction issues. In addition the Center offers free financial counseling and a variety of other supports for farmers and farm workers.

**Phone:** (800) 942-2474

**Address:** 2811 Agriculture Drive, Madison, WI 52718

**Website:** [https://datcp.wi.gov/Pages/Growing\\_WI/FarmCenterOverview.aspx](https://datcp.wi.gov/Pages/Growing_WI/FarmCenterOverview.aspx)

## KEY ONLINE INFORMATIONAL RESOURCES

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### **Substance Abuse and Mental Health Services Administration (SAMHSA)**

Leads public health efforts to advance the behavioral health of the nation. The mission is to reduce the impact of substance abuse and mental illness on America's communities

**Phone:** 1 (877) 726-4727

**Website:** [www.samhsa.gov](http://www.samhsa.gov)

### **Wisconsin Family Ties (WFT)**

Providing support, education, training and advocacy regarding children experiencing social, emotional, behavioral and mental health problems

**Phone:** (608) 267-6800

**Website:** [www.wifamilyties.org](http://www.wifamilyties.org)

### **Community Anti-Drug Coalitions of America (CADCA)**

A national membership organization representing over 5,000 coalitions and affiliates working to make America's communities safe, healthy and drug-free

**Phone:** 1 (800) 542-2322

**Website:** [www.cadca.org](http://www.cadca.org)

### **National Institute on Drug Abuse (NIDA)**

The mission is to advance science on the causes and consequences of drug use and addiction, and to apply that knowledge to improve individual and public health

**Website:** [www.drugabuse.gov](http://www.drugabuse.gov)

### **Partnership for Drug-Free Kids**

We work to reduce substance abuse among adolescents by supporting families and engaging with teens

**Phone:** 1 (855) 378-4373

**Website:** [www.drugfree.org](http://www.drugfree.org)

### **Dose of Reality**

Working to raise awareness of the prescription painkiller abuse crisis in Wisconsin. Provides information about the risks of improper use, storage, and disposal of prescription painkillers.

**Website:** <https://doseofrealitywi.gov/>



**PLEASE BRING MEDICATIONS IN A CLEAR, SEALABLE BAG**



# DOSE OF REALITY

PREVENT PRESCRIPTION PAINKILLER ABUSE IN WISCONSIN.

## BRING MEDICATION TO THE DROPBOXES LISTED BELOW

DEPARTMENT OF JUSTICE (DOJ)

**70%**

of people 12 and older using prescription drugs get them from family or friends

**No**

Needles/syringes  
Inhalers  
Personal care products  
Illegal drugs or paraphernalia

## LA CROSSE COUNTY DROP BOX LOCATIONS

La Crosse County Sheriff's Department – Room 1500: M-F 8am-4:30pm

La Crosse Police Department – Lobby, M-F 8:30am-5pm

Onalaska Police Department – Lobby, M-F 8am-4:30pm

West Salem Police Department – Lobby, M-F 8am-12pm, 1-4:45pm

Campbell Police Department – Lobby, M-F 8am-4:30pm

Bangor Police Department – Lobby, M-F 7am-4pm

Holmen Police Department—Lobby, M-F 8am-4:30pm

Walgreens Pharmacy – La Crosse, West Avenue location only, 24 hours/day

UWL Student Health Center— Clinic area, M-F 9am-12pm, 1pm-4pm,

Mayo Clinic Health System – St. Francis Pharmacy, M-F 8am-5:30pm, Sat 9am-12pm

Gundersen Health System— La Crosse, East Building Pharmacy

Gundersen Health System—La Crosse, Main Clinic Pharmacy

Gundersen Health System—La Crosse, Degen Berglund

Gundersen Health System— La Crosse, Cass St Pharmacy

Gundersen Health System— Onalaska Clinic Pharmacy

Gundersen Health System— Onalaska, Degen Berglund

Gundersen Health System— Holmen, Degen Berglund



# SHARPS DROP BOXES

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**\*\*THESE LOCATIONS ARE NOT FOR BUSINESS USE\*\***

La Crosse County residents now have safer options to dispose of needles and syringes. A collaborative effort has allowed for the purchase of 15 sharps boxes to be installed.

**Remember these three words: collect, protect, and respect.**

**Collect:** The drop boxes are a safe collection option for all needles and syringes. Seven sharps drop boxes are available for the public to use. These are located:

1. La Crosse Northside: Near the boat ramp off Rose Street
2. La Crosse Downtown: Jay Street Alley between 4th Street and 5th Avenue
3. La Crosse Downtown: At the Health and Human Services Building, 300 4th Street N (In the parking lot)
4. La Crosse: Monitor Street (Between Rose Street and Lang Drive)
5. La Crosse: South corner of Mormon Coulee and Losey Blvd
6. La Crosse: Cass St Pharmacy-Gundersen, 528 Cass St.
7. La Crosse: Mayo Clinic Health System, 1303 S. Main St. S.
8. La Crosse: Mayo Clinic Health System, 800 West Ave. S.
9. La Crosse: Mayo Clinic Health System, 191 Theater Rd.
10. Town of Campbell: 1600 Block of La Crescent Street
11. Onalaska: Oak Forest Drive Bike Trail
12. Onalaska: Hwy 35, by North Wayside
13. Onalaska: Gundersen Pharmacy/Degen Berglund, 111 Sand Lake Rd.
14. West Salem: 180 E. Jefferson Street (By the bike trail)
15. Holmen: Gundersen Pharmacy/Degen Berglund, 123 Hale Dr.

**Protect:** Help us keep our community safe. If you find a needle in the community, we prefer that you call your local law enforcement using the non-emergency number. [In the City of La Crosse, this is 785-5962]

**Respect:** All needles should be disposed of in a safe and proper way. The best options are: in a sharps container (that is less than 2/3 full), at a drop box, or through a syringe exchange program. It is not safe to put needles loosely in the trash, on the ground, in recycling, down the toilet, or within reach of children.



# MEDICATION DISPOSAL FOR BUSINESSES

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Medication drop boxes are for use by the public only. For business disposal, contact Gundersen's Environmental Compliance department.

**Phone:** (608) 775-1679

**Email:** [ejbashaw@gundersenhealth.org](mailto:ejbashaw@gundersenhealth.org)

# SHARPS DISPOSAL FOR BUSINESSES

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Sharps drop boxes are for use by the public only. For business disposal, use the Household Hazardous Materials facility. Fees apply and preregistration is required. This service is by appointment only. The Household Hazardous Materials Facility can accept hazardous waste only from businesses and organizations that qualify as a Very Small Quantity Generator (VSQG) of hazardous waste. A VSQG is a business or organizations that generates no more than 220 lbs. of hazardous waste per month and stores no more than 2,200 lbs. of hazardous waste on site at any one time. A VSQG also must not generate more than 2.2 lbs. of acutely hazardous waste per month. Download and complete forms linked below.

**Website:** <http://lacrossecounty.org/SolidWaste/hhm.asp#whatis3>

Send completed forms to:

**E-mail:** [HHM@lacrossecounty.org](mailto:HHM@lacrossecounty.org)

**Fax:** (608) 785-6160

**Mail:** La Crosse County Household Hazardous Materials Program, 6502 State Road 16, La Crosse WI 54601.

# DRUG DONATION PROGRAM—REPOSITORY

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Medications and supplies that are unused or discontinued by the patient may be donated to a participating pharmacy. The medications and supplies can then be given to patients who are uninsured or are underinsured. The requirements to donate materials and locations of participating pharmacies can be found on the Wisconsin Dept. of Health Services website.

**Website:** <https://www.dhs.wisconsin.gov/guide/cancer-drugrepo.htm>

If you would like to add a resource or feel that one is missing please contact **Al Bliss**, Health Educator and Coordinator for the Alliance to HEAL, at the La Crosse County Health Department at  
**608-789-4820** or [abliss@lacrossecounty.org](mailto:abliss@lacrossecounty.org)