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New Technique May Replace CPR

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A new technique is changing the way some medical personnel handle cardiac arrest patients. It's called CCR, and it's replacing the current CPR for some emergency workers.

CCR, or Cardiocerebral Resuscitation, involves giving continuous chest compressions on a cardiac patient, without breathing into the victim like you would with CPR.

Medical experts say CCR is better because chest compressions are the most important part of treating a cardiac patient. They say breathing breaks only take away from that.

Tri-State Ambulance in La Crosse says the new technique will help save lives because it gives bystanders an easier way to treat a victim before help arrives. "Only 15% of people would be willing to do mouth to mouth, so that's 85% of cardiac arrest patients that wouldn't get anything, most likely.

So what they found is that directing bystanders to do chest compressions would increase the amount of people to receive some type of care before arrival of trained medical professionals," says Nick Eastman, Tri-State Critical Care Paramedic.

Because of their advanced life support training and equipment, Tri-State Ambulance is not adopting the new CCR techniques.



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